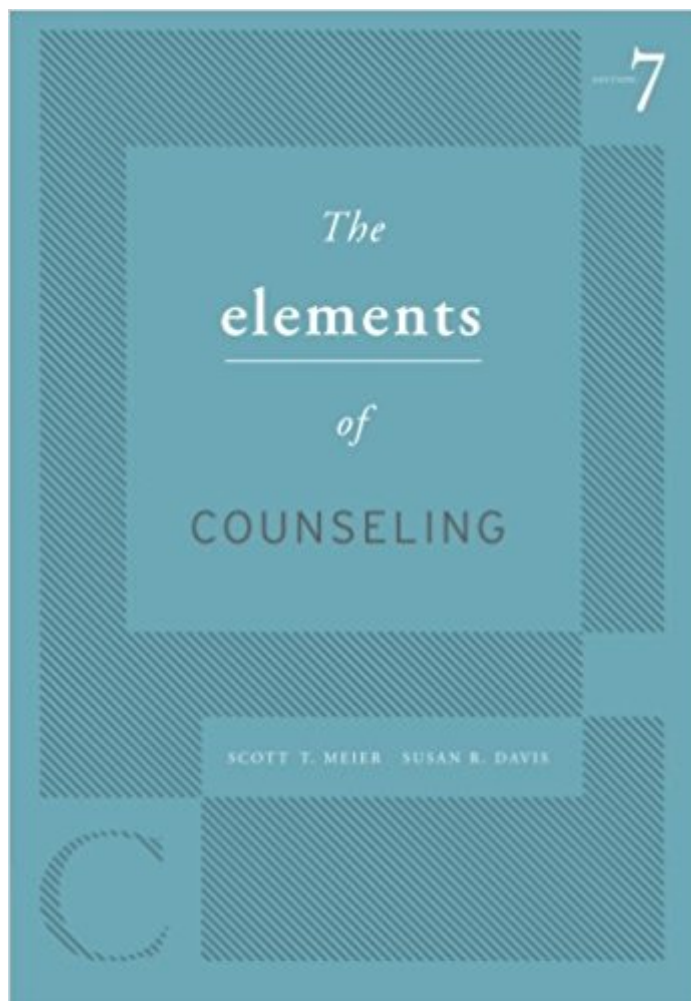


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# The Elements Of Counseling (HSE 125 Counseling)



## Synopsis

Master the qualities of a skilled therapist with THE ELEMENTS OF COUNSELING. Brief and practical, this handy guide focuses on relationship building, the counseling process, self-exploration, and presents information that is essential for beginning counselors to know and for experienced counselors to remember. Designed to give you immediate access to information without having to read pages of commentary, this counseling textbook serves as a quick reference for both counselors in training and practitioners.

## Book Information

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## Customer Reviews

"A handy reference and excellent adjunct text for beginning counseling or helping skills course." And "Its strengths are its comprehensiveness of treatment of basic counseling skills and its readability." --This text refers to an alternate Paperback edition.

Scott T. Meier is a licensed psychologist who received his Ph.D. in Counseling Psychology from Southern Illinois University, Carbondale. He is associate professor and co-director of training for the Program in Counseling and Educational Psychology, SUNY Buffalo. Susan R. Davis is a licensed psychologist who received her Ph.D. in Clinical Psychology from Southern Illinois University, Carbondale. She is in full-time private practice and is President of Behavioral Healthcare Network, a professional association of independent mental health clinicians in Western New York.

The book is NOT necessary - all the information is obvious and repetitively you are not getting this as a recommended reading DO NOT buy it Shipping was great and I rented with no issues

Great book for use in counselor, therapist grad school education.

Such a great book! I was recommended it by my professor of my counseling skills class and I'm glad I bought it. It is smaller than I thought, but don't let that fool you; it is full of helpful information for a new counselor. I can see this being a great reference in my future career.

While I was required to read this book, I found it rather useful and informative. It's certainly applicable in the counseling field, which, coming from me, is a huge compliment since I have no desire to become a counselor. I also feel this text is useful in regular life, at least where listening skills are concerned. This book is a quick read and not overly technical. I'd definitely recommend this book to those interested in helping professions.

This will be a permanent piece of my office because I simply don't think I will ever be rid of it. It is beautifully put together for anyone new (like myself) who's just coming into counseling, but it would also serve as a wonderful reminder for anyone who's been in the field for a length of time.

Critical book to introduce you to the skills needed to be a successful counselor in any setting (clinical, school, community, etc...). Well written, easy to read, very practical

I had to buy this book for a grad course in clinical interviewing. It is composed of many mini-chapters that give you some basic ideas about what to do and what to avoid. The skills are basic and this is very handy to have around.

Good supplement, but overpriced: \$80 for a thin paper back book??

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